

## Other Things I want the doctor to know

I'm exhausted!



[Gregory Pappas](#) on [Unsplash](#)

My periods have changed



[Sora Shimazaki](#) on [Pexels](#)

I'm anxious!



[Yan Krukau](#) on [Pexels](#)

My body shape is changing



[Fuu J](#) on [Unsplash](#)

Everything that used to bug me is bugging me even more!



[chairulfajar](#) on [unsplash](#)

I can't sleep!



[Kinga Howard](#) on [Unsplash](#)

I'm gaining weight



[Towfiq barbhuiya](#) on [Unsplash](#)

I feel really sad



[Claudia Wolff](#) on [Unsplash](#)

I'm having really big meltdowns!



[julienphoto](#) on [Unsplash](#)