## **Types of Supportive Housing in Canada**

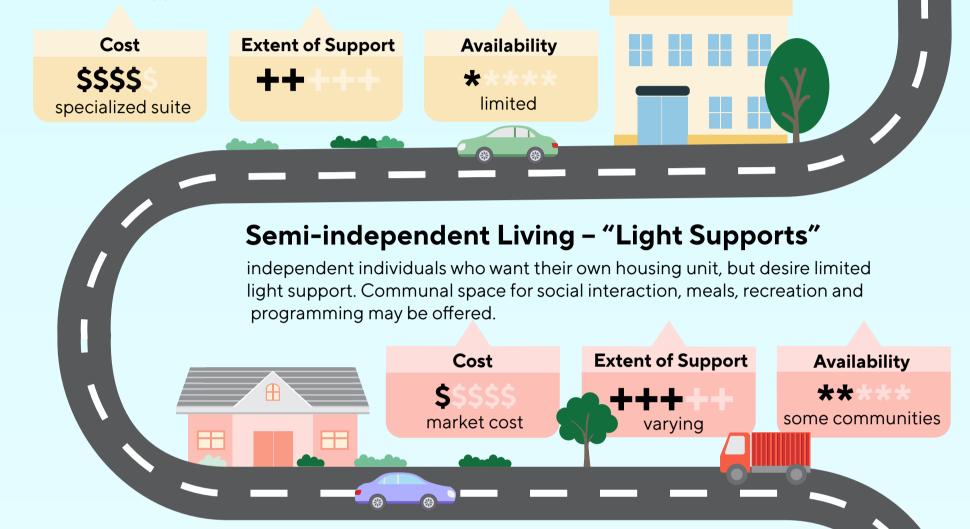
Housing is important – our home is where we live much of our life. It should be a place of community, safety and enjoyment. Determining the ideal type of housing can be confusing, and finding that home can be very challenging. Housing options must offer the supports that are needed, and be affordable and sustainable. Below are some common types of supported housing for autistic individuals and individuals with intellectual disability.



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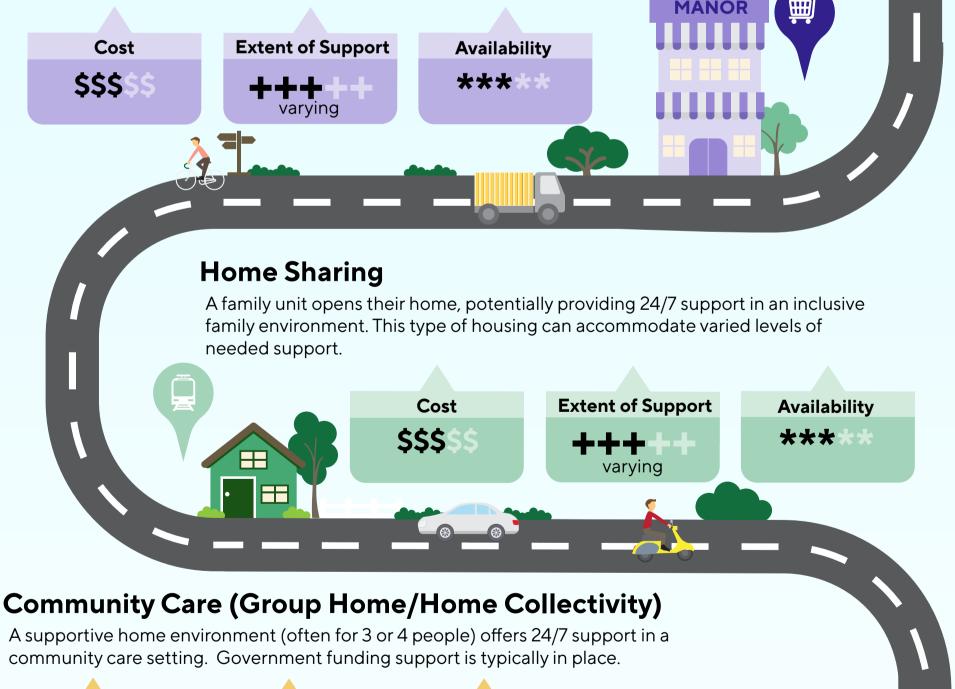
individual or shared units have communal support on site. This type of housing suits those who are relatively independent, but would benefit from localized supports.

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## **Supportive Roommates**

Roommate(s) provide support, yet independence. This approach can be integrated into various housing environments, and offers a balance of support and independence.





Thanks to all those who assisted us in gathering information for this infographic. For additional information please visit: <u>AIDECanada.ca</u>



Note: Individuals with substantial support needs (e.g., complex medical or mental health needs) may require residential care in the form of assisted living or skilled nursing settings. Such settings are beyond the scope of this infographic.

